## Packing Information

Use the following information as a guide to help you pack for this trip. It is not exhaustive, but we tried to think of everything you might want or need to be fully prepared for the week.

## **Packing Tips**

- Pack light. Chances are you will have to carry what you pack.
- Pack one change of clothing in carry-on.
- Tightly secure any liquid items that may come open while traveling in a zip-lock bag.
- Take luggage you don't mind damaging.
- Pack less clothes than you think you need; we will have access to a laundry facility there.
- Take items you don't mind leaving if you need to.
- Leave room for souvenirs.
- Remember the 3-1-1 rule for your Carry-On luggage:
  - o Each bottle containing liquid must be three ounces or less.
  - o All bottles containing liquid must be able to fit in one quart-sized, clear, plastic, zip-top bag.
  - Each passenger is allowed one bag; it must be removed from the carry-on and placed separately on the security conveyor.
- There are no restrictions on liquids in your checked luggage, so if in doubt, pack them there. See the TSA website for more details on current carry-on restrictions.
- If you want to bring something for the local children, bring a modest quantity/quality of items, and bring enough for everybody.
- Make sure your checked bag doesn't exceed 50 lbs. Weigh it before going to the airport. **We will need 20 lb. of your total bag weight for team supplies, so please plan accordingly.**