## **Endurance to Run the Race**

Hebrews 12:1-3

## Introduction

- Someone said, "Life is not a 100 meter dash; it is a marathon!"
  - The 100 meter event is celebrated as the "fastest" man/woman in the world (Usain Bolt – Jamaica: 9.58sec.).
  - The marathon is celebrated as the man/woman who has the endurance to complete the 26.2 miles in first place. They are heralded for their endurance.
- The author of Hebrews likens the Christian life to a race.
  - o It's not a 100 meter dash.
  - o It's a marathon!

## Interpretation

- We are to run a race ...
  - The reason: we have a great cloud of witnesses surrounding us (Ch. 11)
    - Abel
    - Enoch
    - Noah
    - Abraham/Isaac
    - Note the succession in the race: Abraham, Isaac, Jacob, Joseph, Moses, and on it goes! Each finished his/her race.
  - $\circ\quad$  The preparation: by laying aside ...
    - Every hindrance
    - Any sin that can ensnare
  - We are to run the race that has been set before us!
    Prescribed course. Get off course and be disqualified!
  - We are to run the race with endurance (10:36)
  - We are to run the race with our eyes fixed on Jesus (no distractions) – He finished His race
    - Because of Who He is:
      - He is the Author of our faith
      - He is the completer of our faith
    - Because of what He has done:
      - He endured the Cross
      - He despised its shame

- For the "joy" set before Him (His race)
- He is at the right of the throne of God "It is finished."
- Because of His example: He endured hostility against Himself: what He will do for us in the race:
- So we will not grow weary
- So we will not lose heart